

If I give voice to my fears,  
Will they grow stronger, or weaker?  
More, or less terrifying?

Will the recognition thus given  
Embolden them, or show them as mere shadows?  
And if the former ...

If the former ...

*[pause]*

Can I hide?  
Is there efficacy in denial?  
Will it make their threats less real?

Or if I face them,  
Will their terrors drown me?  
Freeze, or paralyze me?  
All confidence now erased?